

Supplemental Table 3. Secondary per-protocol analysis of fatigue and QoL values among participants with RRMS assigned to the Swank or Wahls dietary interventions.^a

Outcome (range)	Study visit			
	Run-in	Baseline	12 Weeks	24 Weeks
Swank				
-FSS (1-9)	5.50 ± 0.17	5.36 ± 0.18	4.35 ± 0.23***	4.31 ± 0.27***
-MFIS total (0-84)	43.9 ± 2.56*	39.9 ± 2.57	31.3 ± 2.59***	30.3 ± 2.91***
-MFIS physical (0-36)	19.4 ± 1.36	18.4 ± 1.48	13.9 ± 1.45***	14.7 ± 1.59**
-MFIS cognitive (0-40)	20.5 ± 1.31**	17.4 ± 1.39	14.3 ± 1.37*	13.6 ± 1.45*
-MFIS psychosocial (0-8)	4.03 ± 0.40	4.12 ± 0.43	3.12 ± 0.33**	3.10 ± 0.37**
-MSQoL-54 mental (0-100)	63.3 ± 3.30*	68.9 ± 2.95	72.7 ± 3.06	73.4 ± 3.16
-MSQoL-54 physical (0-100)	53.1 ± 3.02	55.7 ± 3.24	62.0 ± 3.65**	64.6 ± 3.58***
-6MWT (meters)	464 ± 17.3**	477 ± 17.9	487 ± 16.8	496 ± 18.4***
Wahls				
-FSS (1-9)	5.38 ± 0.17	5.14 ± 0.24	4.42 ± 0.26**	3.76 ± 0.31***
-MFIS total (0-84)	45.0 ± 2.67	45.4 ± 2.02	29.5 ± 2.91***	24.3 ± 3.28***
-MFIS physical (0-36)	21.1 ± 1.23	21.4 ± 1.05	14.0 ± 1.43***	11.0 ± 1.38***
-MFIS cognitive (0-40)	19.5 ± 1.60	19.3 ± 1.27	12.8 ± 1.55***	11.0 ± 1.79***
-MFIS psychosocial (0-8)	4.42 ± 0.36	4.71 ± 0.35	2.73 ± 0.41***	2.29 ± 0.40***
-MSQoL-54 mental (0-100)	60.9 ± 3.75	62.9 ± 3.87	76.3 ± 3.39***	79.6 ± 3.66***
-MSQoL-54 physical (0-100)	53.8 ± 3.42	53.1 ± 3.55	67.6 ± 3.41***	73.5 ± 3.61***
-6MWT (meters)	453 ± 23.4	445 ± 24.7	453 ± 25.0	485 ± 23.2*

^aAll values mean ± SEM. * indicates statistical significance compared to baseline values

(P ≤ 0.05), ** indicates statistical significance compared to baseline values (P ≤ 0.01),

*** indicates statistical significance compared to baseline values (P ≤ 0.001).

Abbreviations: FSS = Fatigue Severity Scale, MFIS = Modified Fatigue Impact Scale, MSQoL-54 = Multiple Sclerosis Quality of Life-54 Scale, 6MWT = 6-minute walk test